

CYBER HYGIENE

SASA! MY NAME IS LELA AND I'M A DESIGNER AND A CYBER-HYGIENE ENTHUSIAST. NIKO NA A LOT OF GREAT TIPS AND ADVICE THAT I WANT TO SHARE WITH YOU AND MY FAM ABOUT STAYING SAFE ONLINE LAKINI KWANZA, LET ME INTRODUCE YOU TO MY FAMILY...



WE ARE A SMALL FAMILY LIVING IN NAIROBI. MY FAMILY, AS YOU'LL SEE, COULD DO WITH SOME LESSONS ON HOW TO STAY SAFE ONLINE...



MY MOTHER IS A HEALTH WORKER...



MY FATHER IS A TEA FARMER...

MY BABU IS A RETIREEE...



MY BROTHER IS A UNI STUDENT...

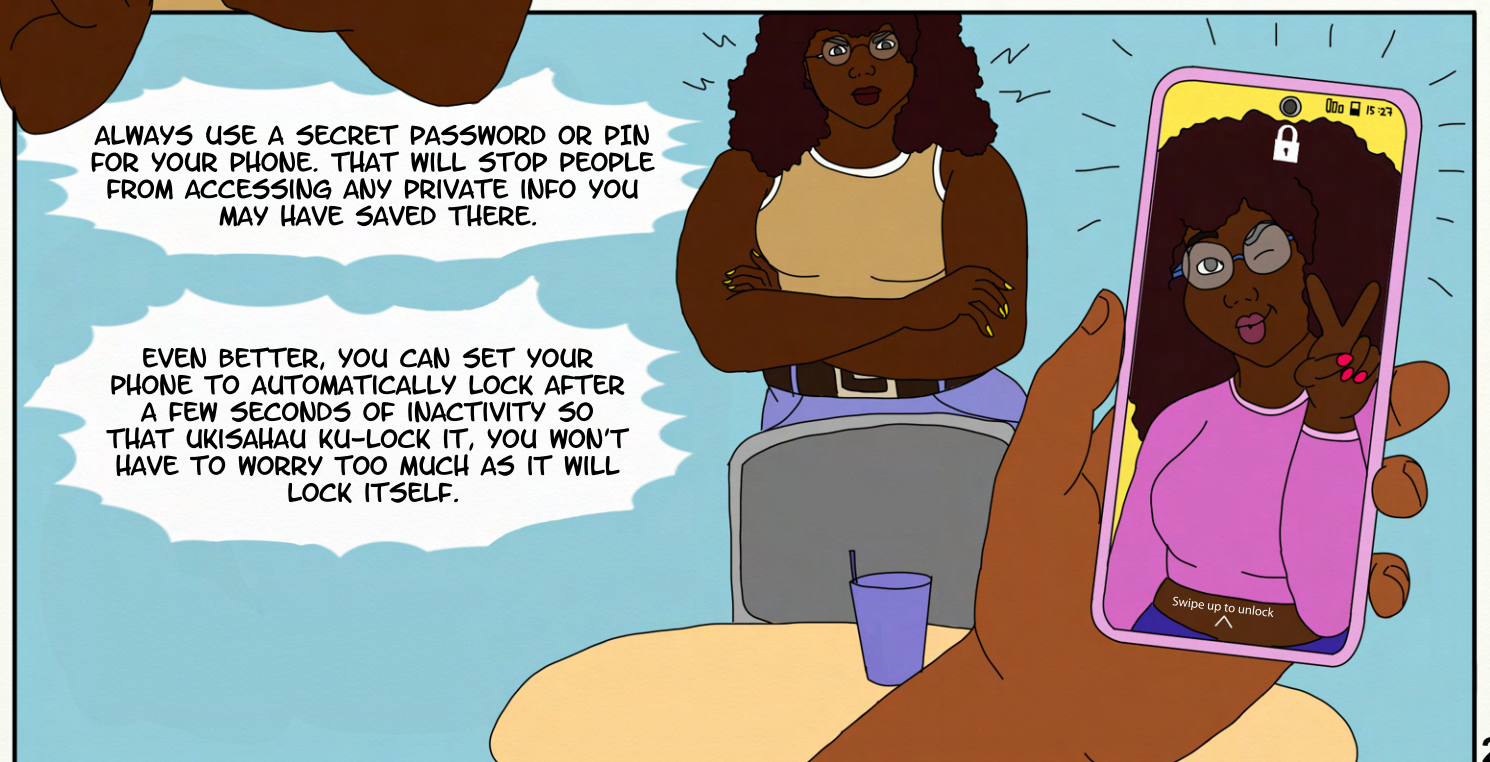
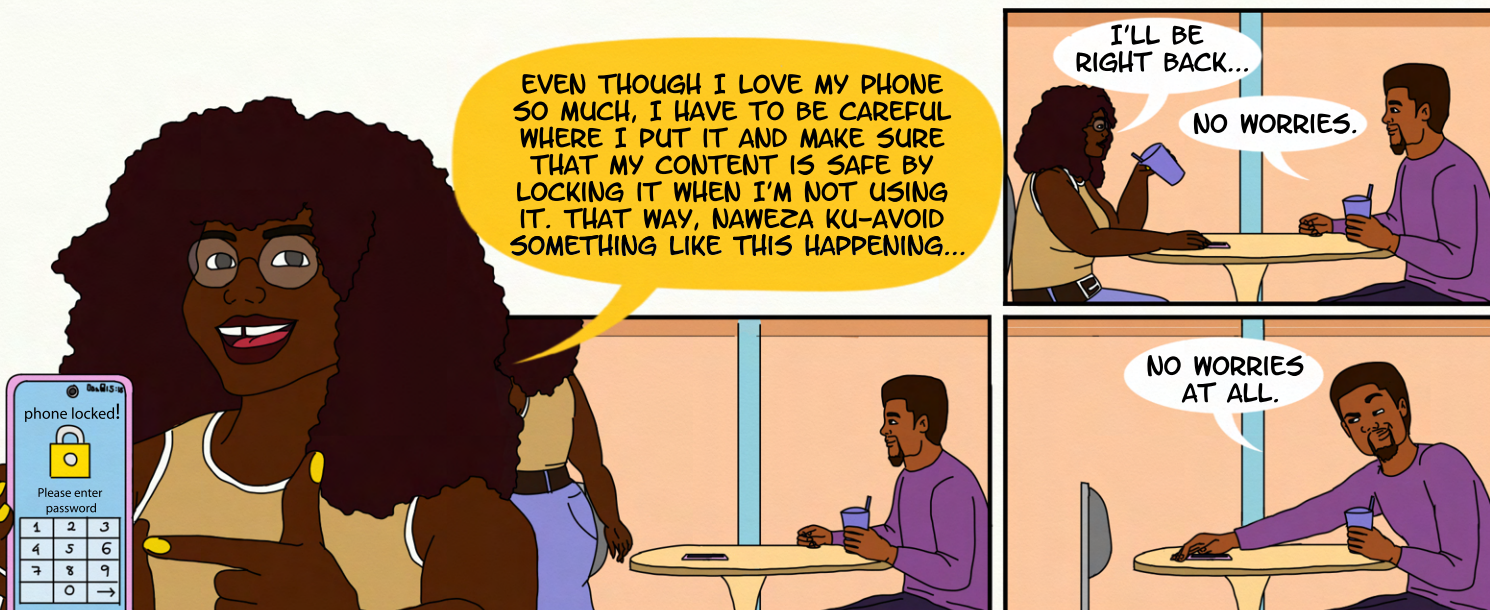
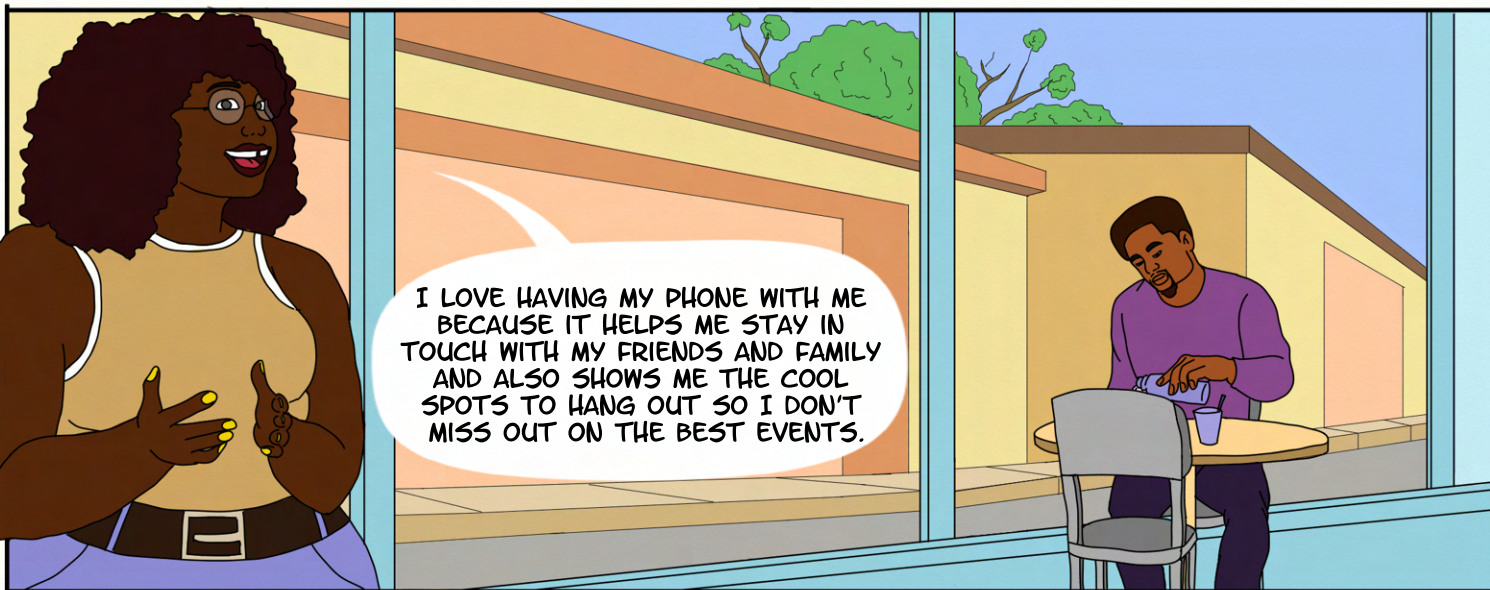
AND AUNTIE IS A CARER FOR BABU.



SIKU HIZI, IT'S VERY IMPORTANT FOR US TO STAY SAFE ONLINE. CYBER HYGIENE NI HABITS UNAFAA KU-PRACTICE UKIWA ONLINE TO MAKE SURE THAT YOUR IMPORTANT DATA, PERSONAL INFO, DEVICE AND NETWORK ARE PROTECTED NA NIKO HAPA TO TELL YOU ALL ABOUT IT. LET'S GET INTO IT!



CYBER HYGIENE FOR YOUR DEVICE



SECURING ACCESS TO DEVICES AND SERVICES



ASIDE FROM BEING A TEA FARMER, MY DAD IS ALSO SOMEONE WHO IS KIND AND WILLING TO HELP. AKO NA ROHO SAFI KABISA LAKINI THIS DOESN'T ALWAYS WORK IN HIS FAVOUR.

AH, THE YOUNG MAN WHO IS HELPING ME ACCESS GOVERNMENT SERVICES ONLINE HAS JUST TEXTED ME, ASKING FOR MY LOGIN DETAILS. LET ME JUST TEXT THEM TO HIM SASA HIVI...



DAD, WHERE DID YOU MEET THIS YOUNG MAN?

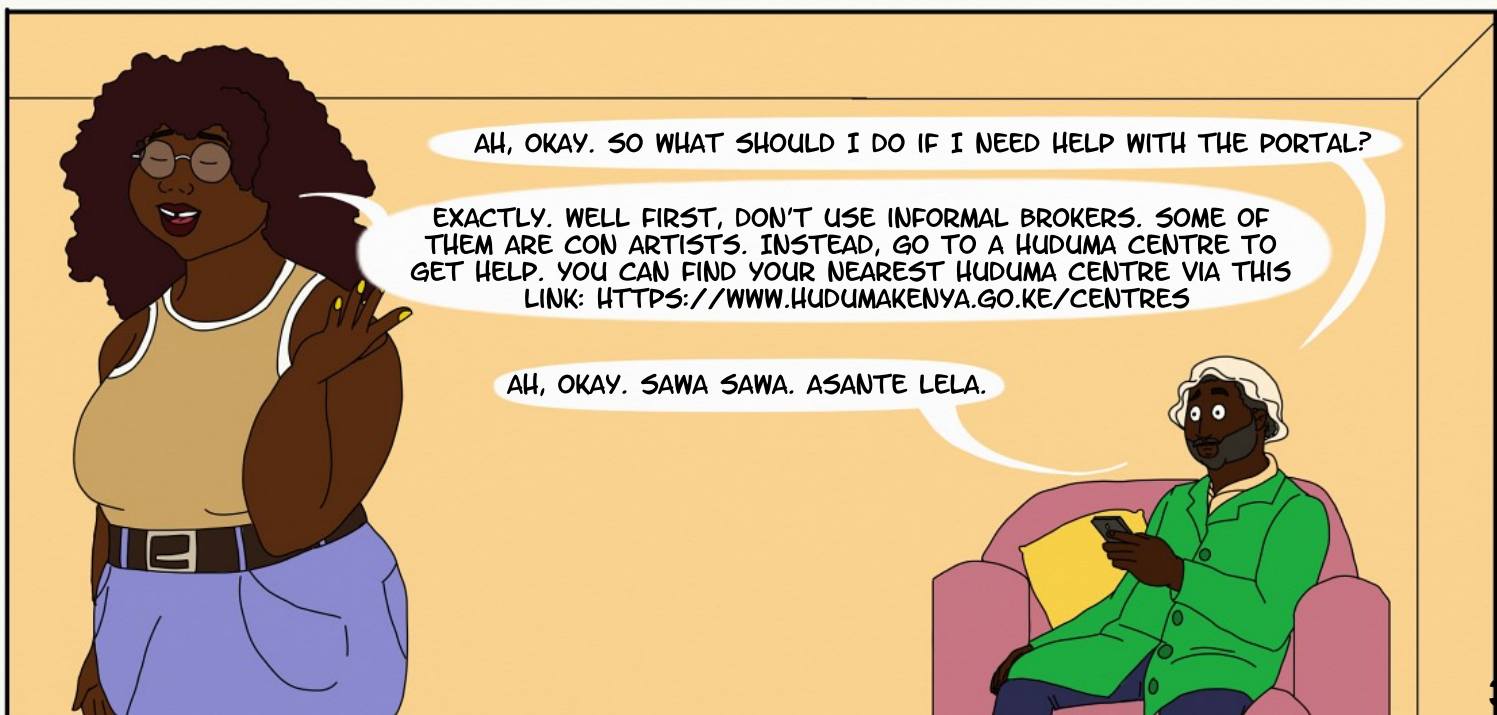
KANDO YA BARABARA...

HAIYA, DAD, YOU SHOULD NEVER ASK ANY RANDOM ROADSIDE BROKER TO HELP YOU. YOU WOULD ONLY MAKE IT EASIER FOR YOU TO GET CONNED.

REALLY?



YEAH. EGOVERNMENT SERVICES SHOULD ONLY BE ACCESSED THROUGH [HTTPS://WWW.ECITIZEN.GO.KE/](https://www.ecitizen.go.ke/)



AH, OKAY. SO WHAT SHOULD I DO IF I NEED HELP WITH THE PORTAL?

EXACTLY. WELL FIRST, DON'T USE INFORMAL BROKERS. SOME OF THEM ARE CON ARTISTS. INSTEAD, GO TO A HUDUMA CENTRE TO GET HELP. YOU CAN FIND YOUR NEAREST HUDUMA CENTRE VIA THIS LINK: [HTTPS://WWW.HUDUMAKENYA.GO.KE/CENTRES](https://www.hudumakenya.go.ke/centres)

AH, OKAY. SAWA SAWA. ASANTE LELA.

CYBER HYGIENE FOR SOCIAL MEDIA AND MESSAGING

SOCIAL MEDIA HAS BECOME A BIG PART OF OUR LIVES WHICH IS BOTH A GOOD THING AND BAD. MY BROTHER IS A HUGE FAN OF SOCIAL MEDIA BUT CYBERBULLIES HAVE NOT SPARED HIM...

I DON'T GET WHY WATU WAKO SO MEAN ONLINE. WANANITUSI AND YET, THEY DON'T EVEN KNOW ME NA HAWAJUI HOW IT HURTS MY FEELINGS...

NOW, I WON'T HOLD BACK...

BRO, BEFORE YOU DO ANYTHING, HAVE YOU EVER HEARD OF CYBERBULLYING?

NOT REALLY...

SAWA. WACHA NIKUELEZEE...

CYBERBULLYING IS THE USE OF A DIGITAL DEVICE TO SEND MEAN MESSAGES AND/OR IMAGES TO SOMEONE ELSE THROUGH SOCIAL MEDIA, MAKING THE VICTIM FEEL EMBARRASSED OR HUMILIATED.

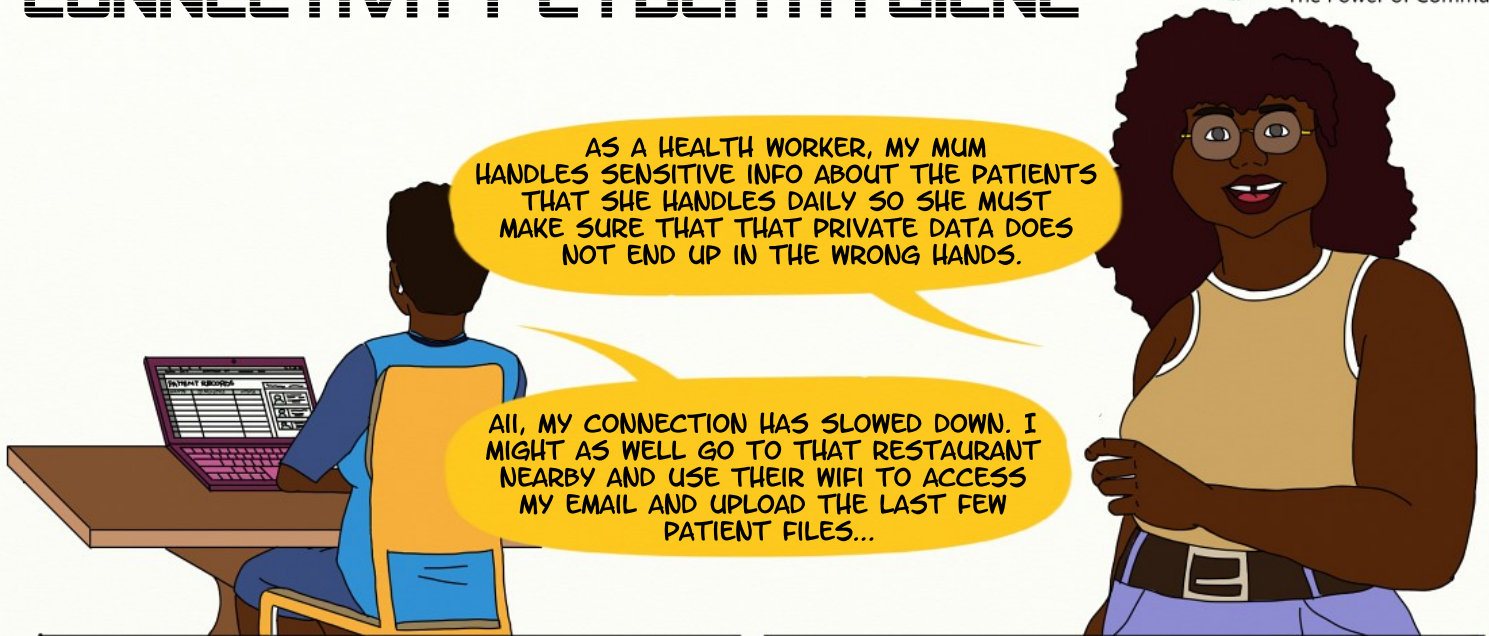
OH...THAT'S HOW I FEEL SOMETIMES NIKISOMA HIZO MESSAGES...

I GET IT BRO. PEOPLE CAN BE REALLY CRUEL OUT HERE.

SO, UKIWA ONLINE, PLEASE REMEMBER TO NOT RESPOND TO AN ANGRY MESSAGE UNTIL YOU HAVE COOLED DOWN AND ARE ABLE TO RESPOND CALMLY AND POLITELY. WAIT AT LEAST THREE HOURS. ALSO, USE THE TOOLS ON THE SOCIAL MEDIA PLATFORM TO REPORT, BLOCK AND UNFOLLOW ANY CYBER BULLIES.

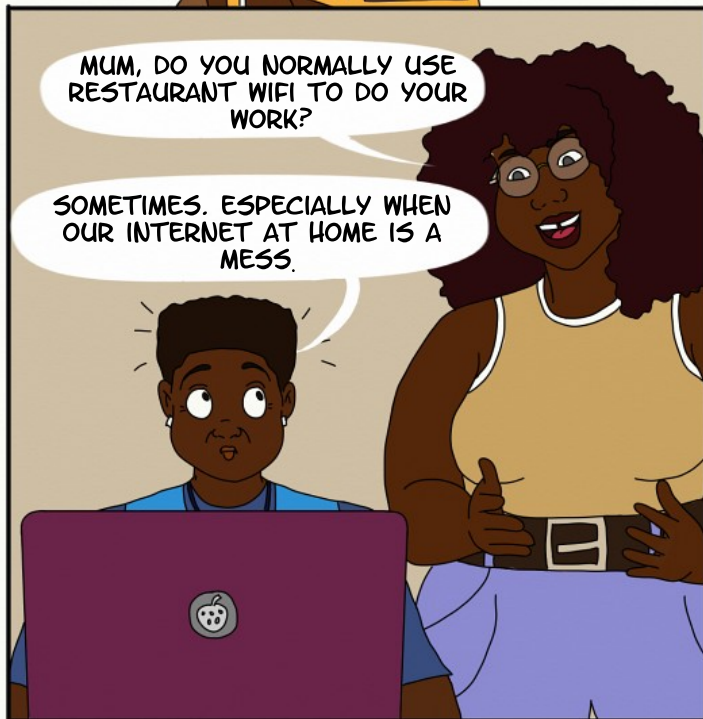
GOOD POINT. THANKS A LOT LELA.

ANYTIME BRO.



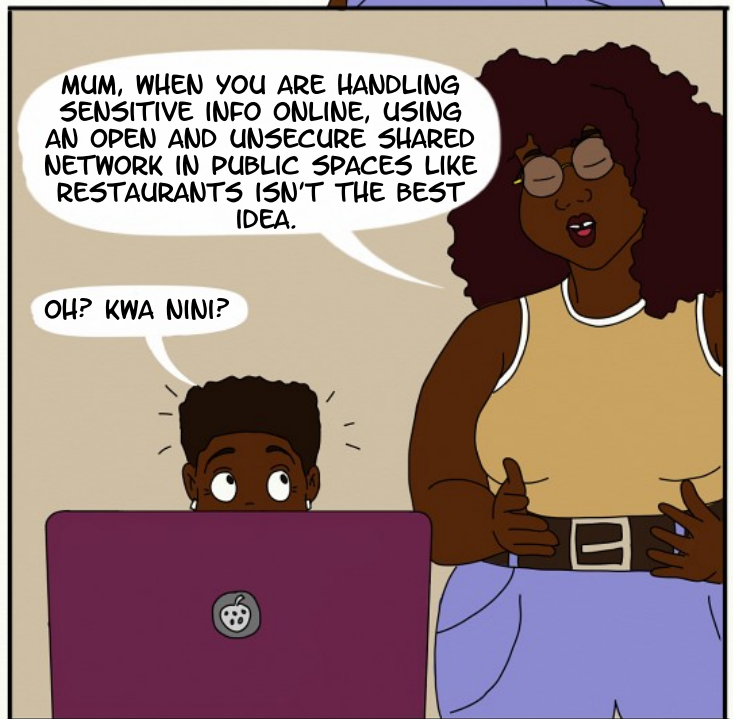
AS A HEALTH WORKER, MY MUM HANDLES SENSITIVE INFO ABOUT THE PATIENTS THAT SHE HANDLES DAILY SO SHE MUST MAKE SURE THAT THAT PRIVATE DATA DOES NOT END UP IN THE WRONG HANDS.

ALL, MY CONNECTION HAS SLOWED DOWN. I MIGHT AS WELL GO TO THAT RESTAURANT NEARBY AND USE THEIR WIFI TO ACCESS MY EMAIL AND UPLOAD THE LAST FEW PATIENT FILES...



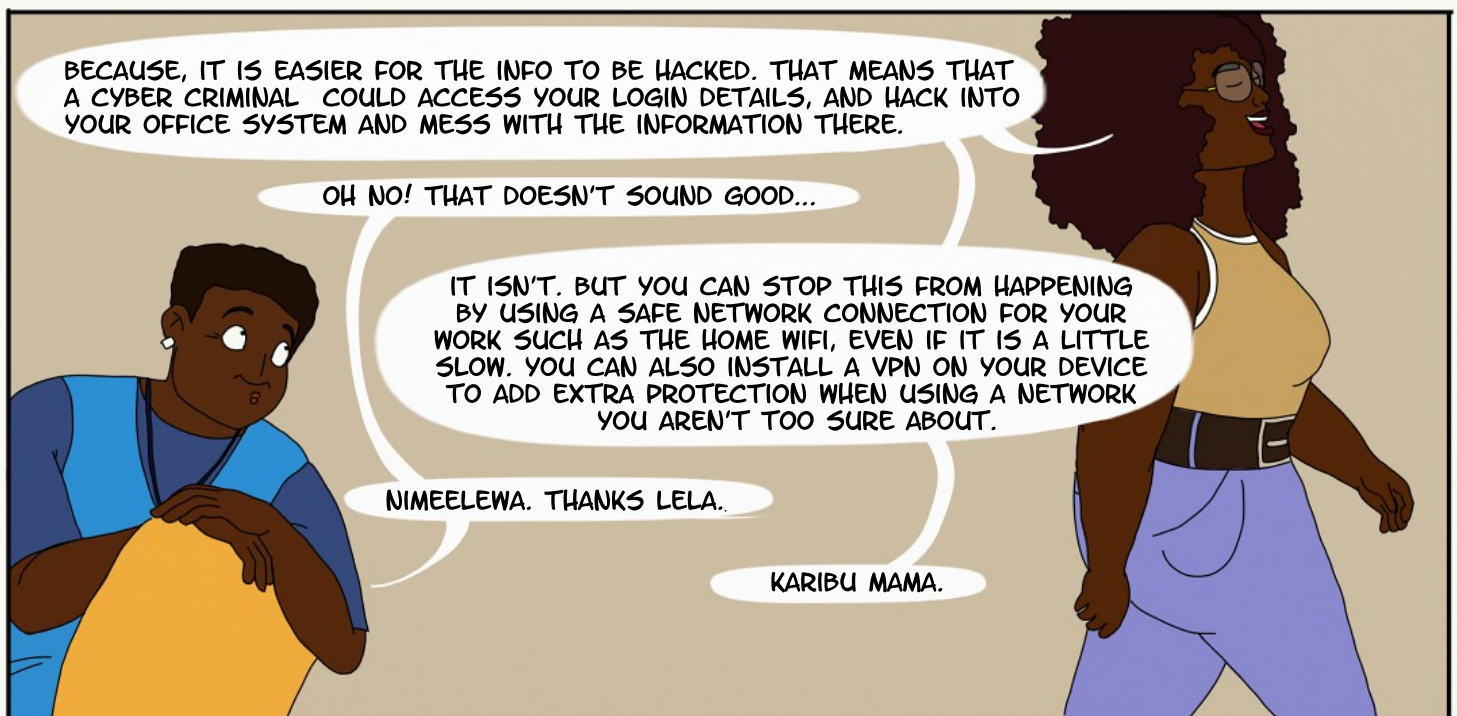
MUM, DO YOU NORMALLY USE RESTAURANT WIFI TO DO YOUR WORK?

SOMETIMES. ESPECIALLY WHEN OUR INTERNET AT HOME IS A MESS.



MUM, WHEN YOU ARE HANDLING SENSITIVE INFO ONLINE, USING AN OPEN AND UNSECURE SHARED NETWORK IN PUBLIC SPACES LIKE RESTAURANTS ISN'T THE BEST IDEA.

OH? KWA NINI?



BECAUSE, IT IS EASIER FOR THE INFO TO BE HACKED. THAT MEANS THAT A CYBER CRIMINAL COULD ACCESS YOUR LOGIN DETAILS, AND HACK INTO YOUR OFFICE SYSTEM AND MESS WITH THE INFORMATION THERE.

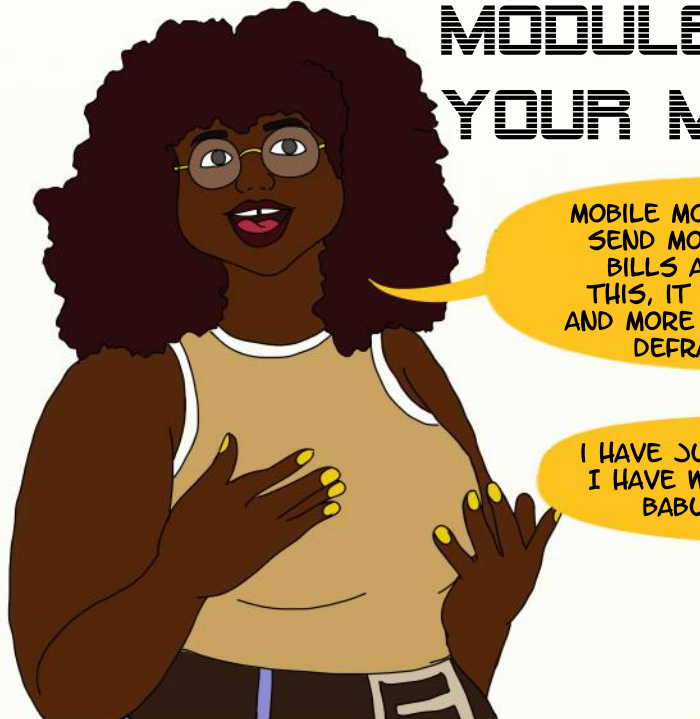
OH NO! THAT DOESN'T SOUND GOOD...

IT ISN'T. BUT YOU CAN STOP THIS FROM HAPPENING BY USING A SAFE NETWORK CONNECTION FOR YOUR WORK SUCH AS THE HOME WIFI, EVEN IF IT IS A LITTLE SLOW. YOU CAN ALSO INSTALL A VPN ON YOUR DEVICE TO ADD EXTRA PROTECTION WHEN USING A NETWORK YOU AREN'T TOO SURE ABOUT.

NIMEELEWA. THANKS LELA.

KARIBU MAMA.

YOUR MONEY SAFE ONLINE



MOBILE MONEY HAS MADE IT EASY FOR US TO SEND MONEY, RECEIVE IT, BUY GOODS, PAY BILLS AND SO MUCH MORE. BECAUSE OF THIS, IT IS NOT SURPRISING TO SEE MORE AND MORE CYBER CRIMINALS FINDING WAYS TO DEFRAUD AND STEAL FROM PEOPLE..



I HAVE JUST RECEIVED A MESSAGE SAYING THAT I HAVE WON KES 100,000! THAT WOULD PAY FOR BABU'S MEDS FOR THE NEXT 6 MONTHS!



OH, CONGRATS AUNTIE. WHICH COMPETITION IS THIS?



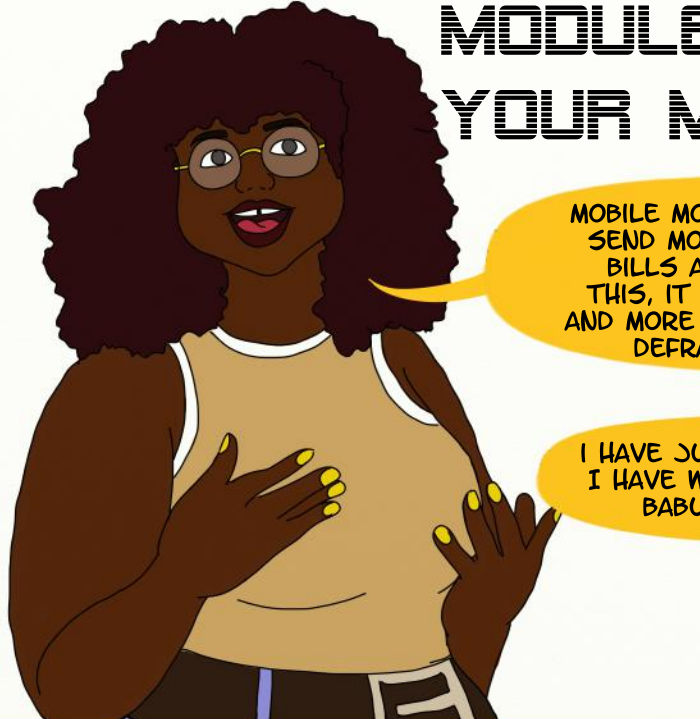
IMAGINE I NEVER ENTERED ANY COMPETITION. I MUST BE LUCKY I GUESS. AND ALL THEY NEED IS FOR ME TO SEND A KES 10,000 PROCESSING FEE, THEN THEY SEND ME THE CASH....



AUNTIE, I DON'T MEAN TO KILL YOUR VIBE BUT THAT SOUNDS LIKE A SCAM.



REALLY?



THERE ARE A LOT OF SCAMMERS OUT THERE WHO SEND PEOPLE MESSAGES TO LURE AND TRICK THEM INTO SENDING THE SCAMMERS MONEY. TO AVOID BEING A VICTIM, REMEMBER TO STICK (STOP-THINK-CHECK) BEFORE YOU ACT.



STOP...THINK...AND CHECK...STICK. SAWA SAWA. HII NITAKUMBUKA.



SO THAT'S IT FROM ME. I HOPE THE TIPS I HAVE SHARED WILL HELP YOU AND YOUR LOVED ONES STAY SAFER ONLINE. DON'T FORGET TO SHARE THIS INFO WITH YOUR FAMILY AND FRIENDS! HAPPY AND SAFE WEB SURFING!

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